

Minutes of the meeting of the Essex Health and Wellbeing Board, held in Committee Room 1, County Hall, Chelmsford, CM1 1QH on Wednesday 18 July 2018

Present:

Councillor John Spence
Mike Bewick

Councillor Terry Cutmore
Peter Davey

Dr Caroline Dollery

Dave Fazey (substitute)
Dr Rob Gerlis
Nick Hulme
Lorraine Jarvis
Brid Johnson
Councillor Sue Lissimore
Les Lodge
Sally Morris
Maggie Pacini (substitute)
Clare Panniker
Nick Presmeg
Dr Kashif Siddiqui

Councillor Chris Whitbread
Alison Wilson

Co-opted Member:

Phil Picton

Chairman, EHWB
Mid and South Essex CCG Joint
Committee
District Council
Voluntary Sector – Essex Association of
Local Councils (EALC)
Mid Essex CCG (and Vice-Chairman,
EHWB)
Basildon and Brentwood CCG
West Essex CCG
Acute Hospital Trusts
Voluntary Sector – Chelmsford CVS
Non-Acute Providers
Essex County Council
Healthwatch Essex
Non-Acute Providers
Essex County Council
Acute Hospital Trusts
Essex County Council
Castle Point and Rochford CCG (and Vice-
Chairman, EHWB)
Essex County Council
Voluntary Sector – Mind in West Essex

Independent Chair of the Essex
Safeguarding Children's and Adults Boards

Other attendees:

Councillor Anne Brown
Dr Anna Davey
Councillor Beverley Egan
Peter Fairley
Deborah Fielding
Jane Gardner

Rob Haynes (item 7, Sport England)
Sam Hepplewhite
Susannah Howard

Fiona Lancaster

Councillor Jill Reeves
David Sollis
James Wilson

Essex County Council
Observer – Mid Essex CCG
Essex County Council
Essex County Council
West Essex CCG
Deputy Police, Fire and Crime
Commissioner for Essex
Essex County Council
North East Essex CCG
STP Programme Director, Suffolk and North
East Essex
Essex County Council (Secretary to the
EHWB)
Essex County Council
Healthwatch Essex
Mid and South Essex CCG

1. Membership, Apologies, Substitutions and Declarations of Interest

The report of the Membership, Apologies and Declarations was received, and it was noted that:

1. The membership of the Board was unchanged since the last meeting.
2. Apologies were received from:
 - Dr Mike Gogarty, Essex County Council
 - Dr Arv Guniyangodage, Basildon and Brentwood CCG
 - Councillor Howard Rolfe, District Council
 - Caroline Russell, Accountable Officer, Mid and South Essex CCG
 - Lisa Allen, Interim Accountable Officer, Basildon and Brentwood CCG
 - Lance McCarthy, Princess Alexandra Hospital NHS Trust
3. There were no declarations of interest.

2. Minutes of the meeting held on 16 May 2018

The minutes of the meeting held on 16 May 2018 were agreed as a correct record and signed by the Chairman.

The Progress Report on actions arising from the previous meeting was noted.

Peter Fairley reported that most Board members had indicated that October was their preferred month to hold a full day session to review progress against the Joint Health and Wellbeing Strategy. This would be half way through the financial year and would help inform organisations' commissioning and budget planning.

ACTION: To confirm an October date for the full day session to review progress against the Joint Health and Wellbeing Strategy – Peter Fairley

3. Questions to the Chairman from Members of the Public

There were none.

4. Essex Joint Health and Wellbeing Strategy (JHWS)

The Board received reports (HWB/10/18 and HWB/11/18) from Ian Davidson, ECEA Rep and Mike Gogarty, Essex County Council, which were presented by Maggie Pacini, Essex County Council.

During consideration of this item, the following was acknowledged, highlighted or questioned:

- The Board noted that a recent Essex Residents survey had shown that the highest percentage of lonely and isolated residents were in the 16 - 24 age group. Any target relating to loneliness needed to emphasise that it affects all ages.
- The Board indicated its support for a suite of measures for the mental health and wellbeing priority area which might include: self-harm, direct referral (measure delays), reduction of admission to acute wards

and suicide. The Board agreed that it should not rely on suicide data alone and discussed how self-harm data could be collected.

- Healthwatch Essex might be able to assist with research and data collection.
- The Board suggested that mental health statistics and analysis from other counties be examined to determine how others measure mental health outcomes/activity particularly in terms of prevention.
- The Board indicated that the park run measure was restrictive and should be broadened to include walking groups/other links between GPs and local health initiatives. The CCGs indicated that they were keen to encourage more GP practices to set up walking groups which would also help to tackle social isolation.
- The Board discussed the value of the reduction in residential care outcome. It supported the view that the assessment for long term care should be made at home. It was suggested the measures should focus on the prevention of avoidable admission to hospital and on how to support residents to live independently. It was agreed that measures on carers should also be included.
- In response to questions on whether there were proactive plans in place to support people to live independently after hospital admission, and were carers being supported, the Chairman indicated that he would provide a report on how to support carers at a future Board meeting.
- The Board discussed the importance of having links between the NHS, Emergency services and Employers to support people after hospital admission.
- Access to primary care and life expectancy should be included in the Chronic conditions list.
- The Chairman commented on sensory and the growth of autism. The Board agreed that sensory could be included due to the increase in figures, but that indicators for autism were not needed at this stage.

Resolved

That the Essex Health and Wellbeing Board:

- (1) Agreed to endorse the draft Essex Joint Health and Wellbeing Strategy, *subject to* the discussion and action points arising from the meeting; and
- (2) Agreed the actions contained within the JHWS and set out in the Action Plan at Appendix 2 of the report;
- (3) Agreed that the Board will receive updates on delivery of the specific actions within the Plan and will oversee and support their delivery;
- (4) Agreed that, following recent opportunities to comment, Members who have further specific points of detail, deal with these on a bilateral basis through the DPH.

ACTIONS:

- a) Board members to submit their suggestions of measures which could be used for the health and wellbeing priority area to Maggie Pacini/Dr Mike Gogarty.
- b) To examine the mental health statistics and analysis from other counties to determine how others measure mental health outcomes/activity particularly in terms of prevention – Maggie Pacini/Dr Mike Gogarty
- c) To provide a report on how to support carers – Chairman
- d) To investigate how organisations can be better linked up with the assessment process for long term care – Maggie Pacini/Dr Mike Gogarty
- e) To include Access to Primary Care and Life Expectancy in the Chronic conditions list – Maggie Pacini/Dr Mike Gogarty
- f) To establish a small group to look at mental health measures – Maggie Pacini/Dr Mike Gogarty

The Chairman reported that, once finalised, the Joint Strategy document would be shared widely with Essex partners, and he thanked the Members for their valuable contributions.

5. Sensory Service Development

The Board received report (HWB/12/18) from Peter Fairley, Essex County Council.

Peter Fairley highlighted the increases in the number of adults registered with sight and/or hearing loss over the past four years, and the alarming projections for the populations of Maldon, Colchester and Tendring.

During consideration of this item, the following was acknowledged, highlighted or questioned:

- The Board indicated its preference to receive the whole-system action plan at its January 2019 meeting and an annual update by March. The plan would need to link up with the STPs.
- Members expressed concern about the statistics and discriminatory attitudes towards those with disabilities. Employers are failing to make reasonable adjustments for staff with impairments, and the transport industry needs to improve its accessibility to services and training of staff.
- The Board may want to consider asking some Local Enterprise Partnership project groups ie the 'Heads Up' initiative, to share their outcomes at a future meeting.
- The Board recommended that the Sensory Strategic Partnership Group meet with Clinical Commissioning Group colleagues by October as the organisations were already making plans for 2019 services and budgets.

Resolved

That the Essex Health and Wellbeing Board:

- (1) Noted the growing demand for sensory services and agreed that a whole-system action plan be developed by the Sensory Strategic Partnership Group to support a more integrated, all-age approach to sensory services across health and social care.
- (2) Agreed that the Board would receive the action plan and an annual update from the Sensory Strategic Partnership Group on progress against that action plan.

The Chairman, with the agreement of the Board, then varied the order of the agenda and selected agenda item 7 (Sport England) as the next topic for consideration.

6. Sport England Essex Local Delivery Pilot update and Action Plan

The Board received report (HWB/14/18) from Dr Mike Gogarty, which was presented by Rob Haynes, Essex County Council.

Resolved

That the Essex Health and Wellbeing Board:

Confirmed it was content with the rate of progress to date of the action plan and the level of information provided in the report.

7. North East Essex Health and Wellbeing Alliance Update

The Board received report (HWB/13/18) from Sam Hepplewhite, Accountable Officer, North East Essex CCG, on the development of the North East Essex Health and Wellbeing Alliance (the Alliance).

The Board noted that the Suffolk/North East Essex STP had been selected as one of four new pilots in Essex to establish a shadow Integrated Care System in the STP footprint. It was intended that the Alliance would have autonomy on resource allocation and commissioning locally. Health and Wellbeing Boards would be involved in holding the Alliance to account and will be included as a partner in the Memorandum of Understanding to be signed between Alliance partners.

Resolved

That the Health and Wellbeing Board:

- (1) Noted the contents of the report;
- (2) Supported the delivery of the emerging strategy of the Alliance, its aims and objectives and high-level priorities.

8. Sustainability and Transformation Plans (STPs)

The Board received verbal updates from:

Susannah Howard and Sam Hepplewhite on the Suffolk and North East Essex Sustainability and Transformation Plan;
Clare Panniker on the Mid and South Essex Sustainability and Transformation Plan; and
Deborah Fielding and Dr Rob Gerlis on the Hertfordshire and West Essex Sustainability and Transformation Plan.

The Board noted that the latest Delayed Transfer of Care figures had been published for May and showed that social care delays had reduced and were virtually back down to the national target.

The contributors were thanked for their updates.

9. Dates of Future Meetings

The Board noted that meetings would be held at 10.00 am in Committee Room 1, County Hall, Chelmsford on:

Wednesday 19 September 2018
Wednesday 21 November 2018
Wednesday 30 January 2018
Wednesday 20 March 2019
Wednesday 15 May 2019
Wednesday 17 July 2019
Wednesday 18 September 2019
Wednesday 20 November 2019

10. Forward Plan

The Board noted the items which were planned for future consideration and were reminded to submit their suggestions for additional items to Dr Mike Gogarty.

11. Any Other Business

The Chairman congratulated Nick Hulme on his achievement of completing the Coast to Coast walk in memory of his wife and to raise money for the Breast Unit at Ipswich Hospital and St Elizabeth Hospice.

The Board was informed that a letter had been received from Robert Halfon MP in relation to the Move 4 Parkinson's initiative seeking help to find new premises and funding. Contact details were available from the Secretary to the Board for anyone who wanted to be involved.

There being no further business the meeting closed at 11.40 am.

Chairman